

***THE NORWEGIAN FOOT & ANKLE SOCIETY***

***MAY 8<sup>TH</sup> 2015, Lillestrøm***

***FRACTURES OF THE HINDFOOT***



**Thon Hotell Arena Lillestrøm**

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## **FRACTURES OF THE HINDFOOT**

**MAY 8<sup>TH</sup> 2015, Lillestrøm**

Organizer: Norsk Fot- og Ankelkirurgisk Forening (NOFAF)  
Location: Thon Hotel Arena Lillestrøm, Norway  
Registration: Via link [www.nofaf.no](http://www.nofaf.no) or to  
Lars Kjetil Aas, e-mail: [kaas@mimer.no](mailto:kaas@mimer.no) before 15.04.2015.  
Pricing: 850,- NOK Pay to NOFAF account: 9528.06.05140. Org.nr.: 914524458

09:00 - 09:30 Registration

### **Session 1: Talar Fractures**

Moderator: E. Ellingsen Husebye

09:30 – 09:35 Welcome E.E. Husebye

09:35 – 09:50 Operative approaches to the talar neck. Tips and tricks  
to avoid malalignment. K. Hvaal

09:55 – 10:10 Incidence and degree of AVN after talar fractures. How do we diagnose,  
how do we manage, and is it possible to influence the outcome? S. Rammelt

10:15 – 10:35 Outcome and treatment of complications, talar neck fractures. S. Milner

10:40 – 10:55 Fractures of the lateral process of the talus –  
what do we know about outcome? M. Molund

11:00 – 11:20 Coffee break

11:20 – 11:30 Peritalar luxation, case presentation A. Stødle

11:35 – 11:50 Any need for supplementary medical treatment  
(Vit D, Ca, Bisphosphonate, PTH) - and why? L. Nordsetten

11:55 – 12:05 Questions/discussion talar fractures All Faculty

12:05 – 12:20 Coffee break

### **Session 2: Calcaneal fractures**

Moderator: L. K. Aas

12:20 – 12:35 Is there any evidence for operative treatment of calcaneal fractures? L. K. Aas

12:40 – 12:55 Soft tissue problems after lateral approach.  
Bad approach, bad surgeon or bad luck? S. Rammelt

13:00 – 13:55 Lunch

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### **Session 2: Continue Calcaneal Fractures**

Moderator:	L. K. Aas	
13:55 – 14:10	Which fractures to be chosen for arthroscopic assisted/lesser invasive procedures, and how do I approach them?	S. Rammelt
14:15 – 14:25	Is smoking a contraindication for operative treatment of calcaneal fractures?	K. Hvaal
14:30 – 14: 45	Tips and tricks for peroperative evaluation of fracture reduction. Have I achieved my goals?	S. Rammelt

14:50 – 15:05 Coffee break

15:05 – 15:25	Late reconstruction after calcaneal fractures. How do we treat the malunions?	S. Milner
15:30 – 15:40	My thoughts on calcaneal fracture treatment	S. Rammelt
15:40 – 15:50	My thoughts on calcaneal fracture treatment	S. Milner
15:50 – 16:00	Questions/discussion calcaneal fractures	All Faculty
16:00	End of hindfoot fracture day	L. K. Aas

### **Faculty:**

- Prof. Stefan Rammelt, Universitätsklinikum "Carl Gustav Carus" Dresden, Germany
- Mr Steve Milner, Royal Derby Hospital, United Kingdom
- Dr. med. Kjetil Hvaal, Oslo Universitetssykehus, Ullevål, Norway
- Dr. Marius Molund, Helse Østfold - Fredrikstad, Norway
- Dr. Are Stødle, Oslo Universitetssykehus, Ullevål, Norway
- Prof. Lars Nordsletten, Oslo Universitetssykehus, Ullevål, Norway
- Dr. med. Elisabeth Ellingsen Husebye, Oslo Universitetssykehus, Ullevål, Norway
- Dr. Lars Kjetil Aas, Ålesund Sykehus, Norway